

RENEW Laser Skin Care

Frequently Asked Questions Regarding Laser Hair Removal

What are the benefits of laser hair removal over other methods of hair removal?

Unlike shaving, waxing and depilatories and plucking, laser hair removal provides a long term growth delay and permanent hair reduction. Laser hair removal is fast and effective. Where electrolysis treats a single hair at a time, laser hair removal can cover large areas rapidly.

What does laser hair removal feel like?

Laser hair removal is typically a very tolerable procedure. On a scale of 1-10 most patients rate it a 3 or 4. The procedure is often likened to a rubber band snap. Certain areas may be more sensitive and your physician may recommend the use of a numbing cream prior to treatment.

How long does treatment usually take?

Depending on the area to be treated, laser hair removal can take only a few minutes or over an hour. The most commonly treated areas, bikini line, upper lip, chin, and underarms typically require less than 20 minutes for treatment.

Can I return to work and normal activities immediately?

Yes, you can return to work and normal activities immediately. After laser hair removal, the treated site may feel like mild sunburn for 24hrs or more. Slight redness and swelling surrounding the hair follicles is normal and is actually an indicator of a good clinical response. Although irritating preparations (glycolic acid, retinoids ect.) should be avoided, make up can be applied to the treated area shortly after treatment.

How does laser hair removal work?

The LightSheer is safe and effective on all skin types and tanned skin. Because it is absorbed by melanin, laser hair removal is most effective on darker hair.

Prior to treatment instructions:

- Do not pluck, wax, or use depilatory or undergo electrolysis in the areas you wish to have treated for 6 weeks prior to laser hair removal.
- Do not tan areas to be treated 4 weeks prior to treatment.
- Avoid using self-tanning products for 2 weeks prior to treatment.
- Shave area to be treated with a regular disposable razor prior to treatment

